

Theories related to human growth and development

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Theories Of Child Development

Freud theory (psychosexual development)

- Proposed by the famous psychoanalyst Sigmund Freud, the theory of psychosexual development describes how personality develops during childhood.
- Freud believed that personality develops through a series of childhood stages in which the pleasure-seeking energies of the id become focused on certain erogenous areas

Freud theory (psychosexual development)

Freud described three levels of consciousness :

the id, which controls physical need and instincts of the body ;

the ego, the conscious self, which **controls** the pleasure principle of the id **by delaying the instincts until an appropriate time**; and

the superego, the **conscience** or **parental value system**.

The superego is the part of personality that holds all of the internalized **morals and standards** that we acquire from our parents, family and society

Psychosexual Stages of Development



Psychosexual Stages in Freud's Theory

1- Oral stage: the infant's primary source of interaction occurs through the mouth, so the rooting and sucking reflex is especially important. **The mouth is vital for eating, and the infant derives pleasure from oral stimulation** through gratifying activities such as tasting and sucking.

2-Anal stage:

Freud believed that the primary focus of the **libido** was on controlling **bladder and bowel movements**. The major conflict at this stage is **toilet training--the child** has to learn to control his or her bodily needs. Developing this control leads to a sense of **accomplishment and independence**.

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3-phallic stage: the **primary focus** of the libido is on **the genitals**. At this age, children also begin to **discover the differences between males and females**. Freud also believed that **boys begin to view their fathers as a rival for the mother's affections**.

4-Latent period: The stage begins around the time that children enter into school and become more concerned with peer relationships, hobbies and other interests.

Psychosexual Stages in Freud's Theory

5-The Genital Stage: final stage of psychosexual development, the individual develops a strong **sexual interest** in the **opposite sex**. This stage begins during **puberty** but last throughout the rest of a person's life.

QUESTIONS

